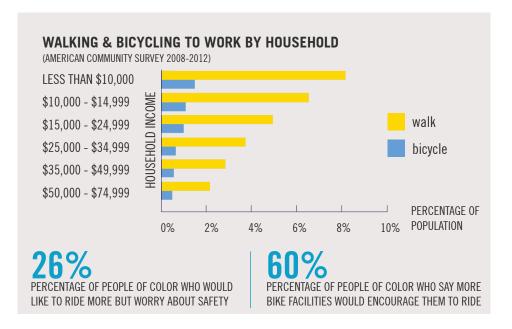
Active Transportation and Social Equity

Creating better walking and biking environments helps create stronger social equity.

Walking and biking are healthy and inexpensive ways to get around. Yet without safe and convenient places to walk and bike, people who don't drive may struggle to access critical needs such as employment, educational opportunities, healthy food, schools and other services.



Why does walking and biking matter?



- Safe and viable transportation options can support social and economic mobility through increased access to jobs.
- Walking is the primary way people get to and from transit stops, which connect them to employment and educational opportunities.



- Walking and bicycling have physical and mental health benefits.
- Active transportation is an affordable way for people to be physically active.
- Pedestrian and bicycle facilities can increase access to healthy food, safe playgrounds, health care, and other services.



- Walking and biking can boost local economies.
- Commercial districts attract more customers when there are walkable and bikeable streets.
- When people spend less on transportation, they can spend more on other needs such as healthcare and housing.



- Physical improvements for walking and biking can create valuable public spaces that contribute to community cohesion.
- Walkable communities can see a decline in per capita crime rates, as there are more "eyes on the streets."

SOURCES: At the Intersection of Active Transportation and Equity, Safe Routes to School National Partnership, 2015. The New Majority I Pedaling Towards Equity, The League of American Bicyclists & The Sierra Club, 2013.





